

PARKWOOD PULSE

PARKWOOD PRESBYTERIAN CHURCH MONTHLY NEWSLETTER

Stay tuned to your Parkwood Pulse and email newsletters for updates on in-person events.

Your Parkwood Pulse is in print and also online. Submissions can be sent in to parkwoodpulse@yahoo.ca

"Therefore, since we are receiving a kingdom that cannot be shaken, let us be thankful, and so worship God acceptably with reverence and awe."

Hebrews 12:28

Join us online for worship on Sundays at 10AM, or, if able, join us in person!

OCTOBER 2024

Saying thanks in a digital age

In recent years, I have been blessed to receive a few digital Christmas cards from one or two friends and acquaintances. More recently, however, I have been introduced to the capacity for sending digital cards — not only digital Christmas cards, but birthday, anniversary, and especially “thank you” cards.

In my teen and young adult years, I was privileged to share in fellowship four or five times a year in retreats and conferences with a large group of young people through the then-thriving Presbyterian Young Peoples Society (P.Y.P.S.) The highlight of those gatherings was always the Thanksgiving Convention, held over Thanksgiving weekend in one or other of the churches in central Ontario.

My deep and abiding appreciation for the significance of Harvest Thanksgiving can be traced back to one of those conventions. On the Sunday morning, after a great service of worship in a country church (in Stayner, Ontario) at which approximately 200 visiting young people were present along with members of the host congregation, the ushers opened the main doors of the building after the benediction at the end of the service. I had been at the front of the sanctuary, likely sitting among the young people who comprised an ad hoc choir to lead the singing. As the doors opened, what greeted us was the sight of a dense field of golden grain, ripe for harvest, for as far the eye could see. I have never forgotten it.

One of songs which I learned during those years in the P.Y.P.S. was “Thank You”, the words of which are printed below. The recitation of these words, especially when sung in a way that raises the pitch of the music one chord or note higher on each verse, serves to frame one’s mind to truly count blessings, one by one.

Thank You for giving me the morning,
Thank You for every day that’s new.
Thank You that I can know my worries
can be cast on You.

Thank You, I see Your Word has meaning.
Thank You, I know Your Spirit here.
Thank You, because You love all people,
those both far and near.

Thank You for all my friends and brothers,
Thank You for all the folks who live.
Thank You for even greatest enemies
I can forgive.

Thank You, O Lord, You spoke unto us,
Thank You that for our words You care.
Thank You, O Lord, You came among us,
bread and wine to share.

Thank You, I have my occupation,
Thank You for every pleasure small.
Thank You for music, light and gladness;
thank You for them all!

Thank You, O Lord, Your love is boundless,
Thank You that I am full of You.
Thank You, You make me feel so glad
and thankful as I do!

Thank You for many little sorrows,
Thank You for every helping hand.
Thank You that everywhere Your guidance
reaches every land.

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assigned to Bosworth and Col. Ltd., for the British
Commonwealth and the USA. Sole Canadian agent Leeds Music
(Canada) (Martin G. Schneider; Walter van den Haas; Peter
Paul van Lelyveld)

Saying thanks in a digital age

As a slightly less young adult — let's say, a “more mature adult”, I would note two additional observations. First, the blessing of this song is to lead one to “be” thankful, rather than simply to sing or say “thanks”. In the old KJV Psalm 100: 4 says “Enter his gates with thanksgiving, and into his courts with praise; be thankful unto him ...” This is echoed in two places in the New Testament:

Colossians 3:15 - Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful.

Hebrews 12:28 - Therefore, since we are receiving a kingdom that cannot be shaken, let us be thankful, and so worship God acceptably with reverence and awe.

In reviewing “Thanksgiving” messages published in previously in The Pulse of Parkwood, these three paragraphs from 2003 stand out:

The first of God's many great gifts is the gift of life itself. Rather than simply saying "thanks", let us consider how we can give God the greatest delight by using the gift of life as He designed it. Let us resolve to live life to the fullest extent, using all the faculties given us to discover and explore the world which he has made for our enjoyment.

The greatest of God's gifts is the gift of salvation through Jesus Christ. That God should adopt back into his own family guilty, rebellious sinners is a miracle, made possible only because God has a heart of love and Jesus was willing to give up His life for us. If we truly accept and and appreciate this miracle, we will be moved to show our gratitude by offering all our powers in joyful service, seeking to share God's love with others.



As we approach the season of harvest Thanksgiving, let us pause and examine what kind of thanks is being conveyed to others by the way in which we are living.

Your pastor, seeking to “be thankful” —
both at Harvest Thanksgiving, and always,
James T. Hurd



Parkwood's 60th Anniversary

Like history? Having marked the 60th anniversary of Parkwood's first service of worship, which took place on Sunday, September 20, 1964 in Parkwood Hills Public School, we thought you might like to read some of our history.

The first several pages of our Book of Thanksgiving, covering the period July 9, 1964 through June 7, 1965 are available for your reading pleasure on the Parkwood website: https://parkwoodchurch.ca/photo_gallery-history.html

And speaking of Parkwood's history, did you know we've created an archive of Parkwood's Annual Reports covering the years 1964 through 2023? This was undertaken as a school project by Cheyenne Copeland in the spring of 2023, and is available online as well.

- from parkwoodchurch.ca

Pastoral Care Communion & Tea, October 29th

We need drivers to pick up members of the congregation who are unable to drive and bring them to the church for the communion and tea at 2:00PM on October 29th, 2024. The service and tea are for individuals who find it difficult to attend regular Sunday morning communion.

Communion will be in the sanctuary followed by tea in the Fellowship Hall. The communion and tea provide both a religious and social opportunity. Studies have shown that participation in religious and social activities has a significant impact on the spiritual, emotional and health wellness of individuals. A sense of being in God's presence and a connection to others gives meaning and purpose in life and greater ability to cope with illness and disability.

Leave your name with the church office. A member of the Pastoral Care team will give you the information for the individual needing a drive.

- submitted by Dora Brown,
Pastoral Care Team secretary

From the Editor: **November Pulse**

The next edition of the Parkwood Pulse will be for the month of November. Send in your submissions by Sunday, October 27th to

parkwoodpulse@yahoo.ca

Photos from Outdoor Anniversary Service



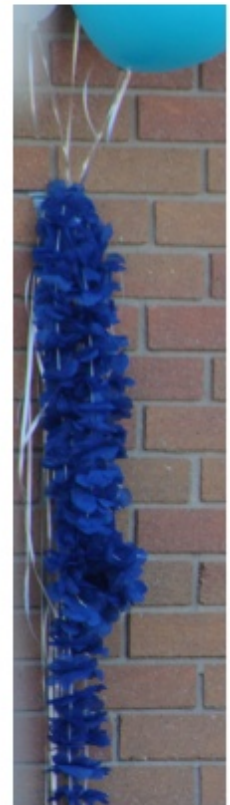
Photos from Outdoor Anniversary Service



Photos from Outdoor Anniversary Service



**SEPT 15
2024**



Session Summaries - June, September

Summary of session meeting held on June 17th, 2024

To celebrate our 60th Anniversary at the worship service on September 15th, 2024, it was agreed to explore the possibility of having the worship service for that day outside on our lawn.

Thankfully, holes in the parking lot surface have been patched. The recent weeding/gardening day also significantly improved the look of the property.

Strawberry Social will be held on June 23rd, 2024.

Sixty-two members took communion in the sanctuary and 9 phoned in their participation for a total of 71 participants.

John Fair has agreed to be on pastoral call for the next two weeks during the moderator's vacation.

Summary of session meeting held on September 23rd, 2024

Session would like to express appreciation to Viris Williams, Asuquo Eniang, Mohammad Raouf, and their team for setting up the lawn for the 60th anniversary service of worship on September 15th, 2024.

The 8-week Summer Program Assistant position at Parkwood this year has concluded and the session would like to thank John Harder for the great work.

A big thank you to the Fellowship Team for successful Corn Boil event in the Fellowship Hall on September 8th, 2024.

The Mission Team is inviting the congregation to support its third special appeal this year planned to take place on September 29th, 2024. This Appeal will support the work of Presbyterian World Service & Development.

Plans are underway to hold pastoral care communion on October 29th, 2024.

Those who would like to get their photo taken and included in the directory, please contact Elizabeth Mabie or your district elder: this is the last call.



Info Session - Trinity Presbyterian Church



Prevent Elder Abuse ~ What is Your Role?

Learn the signs, eliminate the risks at free info session

Monday, September 30 2 p.m. – 4 p.m.

Every day there are stories of men and women losing life savings online. There are also quieter stories of isolated grandparents navigating physical and emotional abuse in nursing homes. Then there are the untold stories of aging relatives being isolated, unable to reach out for emotional support. It's a scary time.

Discover the facts about elder abuse and how to prevent it at a free seminar featuring experts at Trinity Presbyterian Church on Monday, September 30, 2 p.m. to 4 p.m. Author and industry expert on elder abuse, Sabby Duthie, will share her knowledge on physical and mental abuse and an Ottawa Police Community Officer will provide key information on fraud scams and adult safety.

Participants will hear real stories of abuse and leave with an information packet of organizations and contacts offering help. There will also be an afternoon tea, sweet treats, and time to talk with seminar presenters and participants.

We kindly thank you for your support by posting the attached poster, which we believe will be of great benefit for your community. We also encourage you to share this information with your community online.

1817 Richardson Side Road
Carp, Ontario
K0A 1L0

www.trinitykanata.ca
613-836-1429
info.trinity.kanata@gmail.com

Lunch and Learn - October 21st

Organize Your Space, Organize Your Life



AKI Space of Joy
Phone: 613.558.1681
Email: akiko@spaceofjoy.ca
Website: www.spaceofjoy.ca

Akiko Sakiyama:
Professional Home Organizer
Certified Konmari
Consultant
Feng Shui Consultant

Akiko assists individuals in decluttering and organizing their living space, who may have their own unique situations with needs and reasons such as a downsizing, life transitions for a change, seeking more space or just simply putting their home in order for a well-being. Her services are tailored to your needs, as each case is unique. She is committed to walking you through the decluttering process, offering support and guidance all the way.

A SPEAKING PRESENTATION FOR "LUNCH & LEARN"

On Monday, October 21st, Akiko will do a speaking presentation for "Lunch & Learn" here at **Parkwood Presbyterian Church**. A topic covers:

- Attachment & Detachment
- Decision-making
- Letting go, gratitude & moving forward
- New sense of well-being, comfort and joy with your belongings in a living space

*Bonus: Tips & a prize draw

Please join and I look forward to meeting you all!

Ottawa School of Theology & Spirituality

Ottawa School of Theology & Spirituality

Connecting People on the Path of Faith and Learning

Where:

**All Saints Westboro Anglican
537 Richmond Rd, Ottawa**

Courses for the Fall Term ...

Per Session: 1—in class

2— on ZOOM (z)

When: Monday 7:30 –9:30 p.m.

Four 5-week sessions each year—

Sept. 23—Oct. 28 & Nov. 4—Dec. 2

**\$75.00 / term or \$140.00 /year (Fall
Term 2024 & Winter Term 2025)**

<https://osts.ca>

**2024 Fall**

- A. An Introduction to the Baha'i Faith **(In-class)**
with Jóhanna Jochumsdóttir
- B. "Just Wars": A brief history of a lure & a trap
Rev. Maxime Allard, OP **(Z)**
- C. From the Heart: Indigenous Spirituality, Culture & Identity
Carole Brazeau, Prof. Richard Budgell, Rev. Mary Fontaine, & Rev. Dr. Teresa Burnett-Cole **(Z)**
- D. Introduction to the Gospel of John
Jason Lamantia **(In-class)**
- E. Why Advent? Christmas is Almost Here
Rev. Martin Malina **(Z)**
- F. Cultural Hermeneutics with Reformation Artists **(Z)** Pr Andy Brubacher-Kaethler

Parkwood Church Activities October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 7:30pm Music Rehearsal	4	5 10:00am Renewal Fellowship Prayer Meeting (Zoom) 6:00pm Young Adults Dinner & Discussion.
6 10:00am Worship & Communion & Church School 1:00pm Sunday Bible Study (Zoom).	7	8 7:00pm Facility Management Team (Zoom)	9	10 7:30pm Music Rehearsal	11 7:00pm Youth Group.	12
13 Thanksgiving Sunday 10:00am Worship & Church School 1:00pm Sunday Bible Study (Zoom)	14 Thanksgiving Monday - Church office closed.	15	16	17 7:30pm Music Rehearsal	18	19
20 10:00am Worship & Church School 1:00pm Sunday Bible Study (Zoom).	21 12:00pm Lunch & Learn. Topic: Decluttering	22 November Calendar Deadline.	23 7:00pm Policy & Planning Team Meeting 7:30pm Barrhaven Bible Study (Zoom).	24 7:30pm Music Rehearsal	25 7:00pm Youth Group.	26
27 November Pulse Deadline. 10:00am Worship & Church School 1:00pm Sunday Bible Study (Zoom).	28 7:30pm Session.	29 2:00pm Pastoral Care Communion.	30 7:30pm Barrhaven Bible Study (Zoom).	31 7:30pm Music Rehearsal		